



**“ANANDA SPA IN THE HIMALAYA RESORT”**  
Experience Yoga & Meditations, Quiet & Ayurvedic Holidays



## Tour Length 12 Nights– 13 Days

### DESTINATION TOUR :- Delhi-Agra-Haridwar-Garhwal-Ananda Spa in Himalaya Resort-Delhi

#### Day 1 : Departure - ✈️ - Arrive Delhi

Arriving **Delhi**, you will clear customs and immigration & meet our representative, holding a play card with your name on it in the arrival lounge, who will transfer you to the hotel & assist check-in the hotel. Overnight at hotel.

#### Day 2 : Delhi

After breakfast, enjoy full day city tour of **Delhi** which is India's bustling capital city. It was from here that Hindu, Muslim and Mughal dynasties as well as the British ruled. Old & New Delhi present a stunning juxtaposition of sights and sounds with the ancient city built by Emperor Shah Jahan the builder of the famous Taj Mahal, and the new garden city built in 1911 by the British. First of all visit India Gate which is a famous war memorial at the east end of Rajpath. Edward Lutyens designed this 42 m high gate structure in memory of the thousands of Indians who sacrificed their lives in World War I. Today, an eternal flame is lit under the gate known as Amar Jawan Jyoti, to honor the unknown soldiers and the martyrs who lost their lives in the Pakistan war of 1971. Also visit Rajghat (the cremation site of Mahatma Gandhi ). Later on visit Lotus Temple (Bahai Temple) which is the newest most extravagant architectural wonder of the Bahai faith, located in Kalkaji, south of Delhi. The temple in white is shaped like a half opened lotus flower. Made of marble, cement, dolomite and sand, the Lotus Temple is a marvel of 20th century architecture. The lotus shaped temple in a modern and contemporary form captivates into its sanctum sanctorum people from all races, religious backgrounds and culture from around the globe. It represents the Bahai faith, - an independent world religion; divine in origin, all embracing in scope, broad in its outlook, scientific in its method, humanitarian in its principles, and dynamic in the influence.

In the late afternoon visit Qutab Minar which is 72.5 m in height and has a mosque at the base. It is a magnificent structure whose construction started in 1199 by a Muslim King Qutab-ud-din Aibak (after whom it was named) and was finished by his heir Iltutmish. There is an iron pillar standing proudly in front of it since 5th century and has not rusted till yet! It is said that if one hugs this Iron Pillar of Mehrauli and wish for something, it is granted. Later on drive past President's House, Parliament House & Secretariat Building. Overnight at hotel.

#### Day 3 : Delhi – Agra

After breakfast, check-out from the hotel and depart on a four hours journey to Agra. On arriving to **Agra** check-in into hotel and rest of the day you may feel free to relax at your hotel, or you can explore the local markets for shopping. Overnight at hotel.

#### Day 4 : Agra

Early morning, after breakfast, visit the Taj Mahal, India's most fascinating and beautiful masterpiece. Set amidst landscaped gardens on the banks of the Yamuna river, this edifice was built by the Mughal emperor Shah Jahan as a memorial to his wife, Mumtaz Mahal. After her untimely death, Shah Jahan had her mortal remains buried in this mausoleum and after his own demise he was placed to rest next to his beloved queen in the same mausoleum. The Taj is most enthralling in the quietness of early morning. With the rising Sun the white marble changes its colour and hues and it is excellent for photography.

Visit Agra Red Fort which is surrounded by a 70 feet high wall. It is home to the beautiful Pearl Mosque and numerous palaces including the Jahangir Mahal, Diwan-i-Khas, Diwan-i-Am and Moti Masjid. Later it was used by his son Jehangir as the seat of power. With four gates the Fort is enclosed by a double barricaded wall of red sand stone. The Jahangir Mahal is reached through an impressive gateway and its inner courtyard consists of beautiful halls, profuse carvings on stone, exquisitely carved heavy brackets, piers and cross beams. Overnight at hotel.

#### Day 5 : Agra – Delhi - Haridwar

After breakfast you may feel free to relax at your hotel. In the afternoon check-out from the hotel and drive to Delhi. Arrive **Delhi** , transfer by car, to **Haridwar**. Arrival, transfer and check-in into hotel. Overnight at hotel.

**Day 6 : Haridwar**

After breakfast, sightseeing mythological cities of Haridwar At sunset attend Ganga Aarti Ceremony – Aarti is a traditional ceremony performed at dusk in the temples or on the ghats beside the holy river. ‘Deepas’ (the oil or ghee lamps) are offered to God accompanied by prayers, mantras and chants. Aarti can be performed for a deity in the temple or on the banks of Ganges to the holy mother Ganga. The essence of the ceremony is that all day long God offers us light – the light of sun, the light of life, the light of his (her) blessings. Aarti is the time when we say “thank you” and we offer back the light of our love and the light of our devotion. We realize that the small *deepa* is nothing compared to the divine light, which shines on us all day. Rest of the day feel free to relax at your hotel. Overnight at hotel.

**Day 7 To Day 11 : Haridwar – Garhwal - Ananda Spa in Himalaya Resort**

After breakfast, check-out from the hotel and departure to **Garhwal**. On reaching, check-in into **Ananda Spa**. rest of the days feel free to relax at the resort. Enjoy Ayurveda Massage and Ananda Yoga at the resort. Located in the tranquil Himalayan foothills, surrounded by graceful Sal forests, overlooking the peaceful Ganga, Ananda is the spiritual pathway to the ultimate union of body, mind and soul. It is not just a retreat that will leave you breathless with the enchantment of its surroundings, but assists in redefining lifestyles to include the well-known traditional Indian wellness regimes of Yoga, Ayurveda, Vedanta, combined with best in international wellness experience. Ananda in the Himalayas offers special workshops and private sessions with visiting Masters in different areas of Well being. These Yoga teachers, Ayurvedic doctors, therapists, healers, and guides visit from around the world to share their talents and gifts with those who choose to explore and understand the deeper realms of holistic well being for the body, mind and spirit. Overnight at resort.

**Day 12 : Ananda Spa in Himalaya Resort – Delhi - ✈️ - Departure your destination**

After breakfast, checking out of your hotel drive to **Delhi**. Arrive, transfers can be arranged for your next point or the airport or rail station or add another of our mini packages...

**END OF OUR SERVICES****CONTACT US**

**This program can be priced for any number of people. Cost may vary depending on dates chosen & holiday and trade fair date surcharges.**

**For a quote on your dates & number in your party please contact us !**



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Our team is at your disposal.

It will be a pleasure for us, to advise and to prepare a holiday for you, giving you the opportunity to know the places, traditions and cultures, through a customized itinerary.